



Oregon School Activities Association

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To: Superintendents, Principals, and Athletic Directors
From: Peter Weber, OSAA Executive Director
Subject: Governor's Office/OHA Updates to Indoor Full-Contact Sports Guidance

The Governor's Office and Oregon Health Authority (OHA) released updates to their [Indoor Recreation Guidance](#) today, including indoor full-contact sports. Here are key takeaways for member schools.

Maximum Capacity Limitations

Schools need to adhere to the [Sector Risk Level Guidance Chart](#) for maximum capacity limitations for indoor venues based on a county's risk level. Indoor capacity limits include participants, coaches, officials, staff, and spectators (similar to volleyball in Season 2).

Indoor K-12 Full-Contact Sports in Lower or Moderate Risk Counties

- Indoor full-contact sports are allowed following health and safety guidance from the OHA.

Indoor K-12 Full-Contact Sports in Extreme or High Risk Counties

- K-12 public school districts or governing bodies of private schools may opt-in to practice and compete in indoor K-12 full-contact sports only if the school is offering Comprehensive Distance Learning with Limited In-Person Instruction (LIPI) or Hybrid or On-Site Instructional Models as described in the [Ready Schools, Safe Learners guidance](#). Districts and private school governing bodies are required to submit a plan for practice and competition for indoor K-12 full-contact sports that includes an assurance and commitment that all participants will be required to [quarantine](#) if exposed to COVID 19 or [isolate](#) if they contract COVID-19. This plan will be submitted to ODE and posted on the [ODE Ready Schools, Safe Learners website](#).
- Districts and private school governing bodies opting-in to indoor K-12 full-contact sports in extreme or high risk counties, must complete an Indoor/Outdoor Contact Sports Opt-In Form (found on ODE's website) and include the following:
 - Offer, at a minimum, Comprehensive Distance Learning with Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
 - Comply with the [Oregon School Testing Plan](#).
 - Offer on-site responsive testing for symptomatic individuals and for those with known exposures to individuals with COVID-19. This applies to athletes, support staff and volunteers.
 - Collect contact information for contact tracing (as stated in the Contact Tracing section of the guidance).
 - Collect a waiver from each participant or their parent/guardian that acknowledges the health and safety risks of COVID-19 when participating in indoor full-contact sports. Waivers may be collected one time at the start of the season.

Extreme or High Risk County Indoor/Outdoor Full-Contact Sports Opt-In Form

- If your school plans to opt-in to offer indoor full-contact sports, you must first complete the [ODE Indoor/Outdoor Full-Contact Sports Opt-In Form](#). The final step in the opt-in process is to submit your form to the ODE via the [ODE Submission Form of Link to Posted Contact Sports Form](#). Schools that have submitted their form successfully are listed on the ODE website under [Indoor Contact Sports Plans](#).